

BfR activities on printing inks and paper and board

Stefan Merkel

Germany

- > Resolution of the Council of Europe with its adopted parts exists in parallel with national law.
- BfR-Recommendation XXXVI paper and board for food contact.
 - Issued by BfR since 1958 ("Plastic Recommendations")
 - They are not legal norms
 - They are based on German and European law
 - They represent the current state of the scientific and technical knowledge
 - Access via the BfR website is free of charge (http://bfr.ble.de/kse/faces/DBEmpfehlung_en.jsp)





Database BfR Recommendations on Food Contact Materials (formerly "Plastics Recommendations")

Recommendations

Ld A.	Personmendation	Recommendation(s) Announcement(s)	Recommendations		
IG 4	Kecommendation +	Substance(s)	Substances		
020	I. Fight Polymers containing Frasticizers II. Plasticizer-free polywinyl chloride, plasticizer-free copolymers of vinyl chloride and mixtures of these polymers with other copolymers and chlorinated polyolefins containing mainly vinyl chloride in the total mixture		Substances:		
030	III. Polyethylene	X 3	CASMe		
050	V. Polystyrene Produced exclusively from the Polymerisation of Styrene	📕 🗐 💽	Search		
060	VI. Styrene Copolymers and Graft Polymers, and Mixtures of Polystyrene with other Polymers.	📕 🗐 💽			
070	VII. Polypropylen	📕 🗟 🦉	Search in text:		
090	IX. Colorants for Plastics and other Polymers Used in Commodities	📕 🗐 🔄	Jean		
100	X. Polyamides	📕 🗐 🥶	Help		
110	XI. Polycarbonates and Mixtures of Polycarbonates with other Polymers or Copolymers	📕 🗐 💽	Informations		
120	XII. Unsaturated Polyester Resins	📕 🗐 💽	Further Guidelines		
140	XIV. Plastics Dispersions	📕 💽 💽			
150	XV. Silicones	📕 💽 💽	Last amendment of the recommendations		
160	XVI. Polyvinyl Ethers	📕 🗐 💽	Imprint Deutsche Version		
170	XVII. Poly(terephthalic acid diol esters)	📕 💽 💽			
200	XX. Polyisobutylene, Isobutylene Copolymers and Mixtures of Polyisobutylene with other Polymers	📕 🗐 🔄			
210	XXI. Commodities based on Natural and Synthetic Rubber	📕 🗐 💽			
220	XXII. Polymers Based on Esters of Acrylic and Methacrylic Acids, their Copolymers, and Mixtures of these with other Polymers	N 🖻 🖻	A service of the Federal Agency for Agriculture and Food (BLE).		
250	XXV. Hard Paraffins, Microcrystalline Waxes and Mixtures of these with Waxes, Resins and Plastics	📕 💽 💽			
280	XXVIII. Cross-Linked Polyurethanes as Adhesive Layers for Food Packaging Materials	📕 🔄 🔄			
300	XXX. Conveyor Belts Made from Gutta-Percha and Balata	📕 💽 💽			
330	XXXIII. Acetal resins	📕 🗐 🔄			
340	XXXIV. Vinylidene Chloride Copolymers with a Predominant Content of Polyvinylidene Chloride	📕 🔄 📼			
350	XXXV. Copolymers of Ethylene, Propylene, Butylene, Vinyl Esters and Unsaturated Aliphatic Acids, and their Salts and Esters	N 🖻 🖸			
360	XXXVI. Paper and board for food contact	📕 💽 💽			
361	XXXVI/1. Cooking Papers, Hot Filter Papers and Filter Layers	📕 🖬 📼			
	Seite: 1 von 2 Gehe zu 🕨 🕨				

Stefan Merkel, 07.11.2019, EFSA Network on Food Contact Materials - 7th meeting

BfR-Recommendations XXXVI

These Recommendations apply to

- Raw materials, production aids, and special paper refining agents used in the production process for paper, paperboard and board that comes into contact with foodstuffs
- Preservatives that are used to prevent microbial spoilage of formulations and slimicides

These Recommendations do not apply to

- Substances are used to keep manufacturing devices clean and to protect them from corrosion
- Substances that are used for manufacturing of paper raw materials or substances that are used for formulation of active ingredients (e.g. emulsifiers, solvents, set-up chemicals, stabilizer, pH modifiers)
 For these substances the manufacturer or distributor of the paper is responsible to comply to food regulations (especially Regulation (EU) No. 1935/2004).



BfR-Recommendations XXXVI

Recent changes



Current risk assessment – Paper and board Bisphenol A

Bisphenol A

- Not listed in BfR Recommendations XXXVI for use in paper production
- Used in thermal paper as reactant acid



recyled fibres / recyled paper

Federal Institute for Risk Assessment

Tr BfR

A. Raw materials⁵

The following raw materials may be used:

I. Fibrous materials:

- 1. Natural and synthetic cellulose fibres, bleached or unbleached.
- 2. Fibres of synthetic high polymers, provided they comply with the prevailing requirements of
- food law. 3. Wood pulp, bleached or unbleached
- Recycled fibres made from paper or paperboard provided that the finished articles comply with the requirements in the annex of this Recommendation.

• Recycled fibres can be used as raw material but

→ Finished article have to comply with the requirements of the Annex to recommendation XXXVI

Preconditions for the use of recycled fibres as raw materials for the production of paper

 \rightarrow Max. value for migration of Bisphenol A into food is listed in the Annex

Current risk assessment – Paper and board Bisphenol A

2015: EFSA Scientific Opinion on Bisphenol A



- \rightarrow Temporary Tolerable Daily Intake (t-TDI) of 4 µg/kg bw per day
- → For a 60 kg person that consumes 1 kg of food per day: 240 µg/kg food

2016: Annex to recommendation XXXVI for recycled fibres as raw material for paper

 \rightarrow Migration value lowered from 600 µg/kg food to 240 µg/kg food

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Annex to recommendation XXXVI

Preconditions for the use of recycled fibres as raw materials for the production of paper Generally products made from recycled fibres have to comply with all other requirements of recom-mendation XXXVI.

Substances, such as ingredients of printing inks or adhesives, which can be in the recovered paper used as raw material have to comply with additional requirements. Regarding conformity with the rules of the Good Maunfacturing Practice the possible presence of these substances, depending on the use of the papers and boards manufactured from recycled fibers, has to be considered by a careful selection of the grade of recycled paper³⁶ and the use of suitable cleaning methods.

Moreover, with regards to the compliance with the requirements laid down in article 3 of regulation 1935/2004/EC, particular care has to be taken with the analytics of products with respect to the possible migration of substances of health-concern into foodstuffs. According to the current state of knowledge, known substances which may be introduced by paper recycling and require specific inspections are listed below. Content and migration of these substances into foodstuffs respectively have to comply with the specified limits.

Substance	Content in finished paper	Migration into foodstuff or simulant ND (DL 0.01 mg/kg)	
4,4'-Bis(dimethylamino)- benzophenone*			
Phthalates Diethylhexyl phthalate Din-butyl phthalate Diisobutyl phthalate		Max. g/kg Max. g/kg Max g/kg The s Di-n-butyl phthalate und Diiso bbthalate must not exceed 0.3 h	
Benzophenone		Max, 0. mg/kg	
Bisphenol A*		Max, 0.24 mg/kg	
Diisopropylnaphthalene	As low as technically feasible		

Verification of the specifications is only required if the finished products are intended for use with moist and fatty foodstuffs.

For dry, non-fatty foodstuffs having a large surface area (e.g. flour, semolina, rice, breakfast cereals, breadcrumbs, sugar and salt), migration of volatile and hydrophobic substances via the gas phase has to be considered particularly. This could be compensated by the use of an appropriate additional packaging.



Current risk assessment – Paper and board Bisphenol A

2018: Amendment of Regulation (EU) No. 10/2011 for Plastic Food Contact Materials

L 41/6	EN	Official Journal of the European Union	14.2.2018
		COMMISSION REGULATION (EU) 2018/213	
of 12 February 2018			
	on the use of bispl amending Regulati	henol A in varnishes and coatings intended to come into contact wi on (EU) No 10/2011 as regards the use of that substance in plastic f materials	ith food and food contact
(Text with EEA relevance)			

- → An allocation factor of 20% is used the overall exposure does not exceed the t-TDI but there are sources other than FCM
- → Specific migration limit for Bisphenol A for plastic FCMs is lowered to 50 µg/kg food

2019*: Amendment of the Annex to recommendation XXXVI for recycled fibres as raw material for paper

 \rightarrow Migration value will be lowered from 240 µg/kg food to 50 µg/kg food

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Annex to recommendation XXXVI

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Substances, such as ingredients of printing inks or adhesives, which can be in the recovered paper used as raw material have to comply with additional requirements. Regarding conformity with the rules of the Good Manufacturing Practice the possible presence of these substances, depending on the use of the papers and boards manufactured from recycled fibers, has to be considered by a careful selection of the grade of recycled paper²⁷ and the use of suitable cleaning methods.

Moreover, with regards to the compliance with the requirements laid down in article 3 of regulation 1935/2004/EC, particular care has to be taken with the analytics of products with respect to the possible migration of substances of health-concern into foodstuffs. According to the current state of knowledge, known substances which may be introduced by paper recycling and require specific inspections are listed below. Content and migration of these substances into foodstuffs respectively have to comply with the specified limits.

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4,4'-Bis(dimethylamino)- benzophenone*			
Phthalates Diethylhexyl phthalate Di-n-butyl phthalate Diïsobutyl phthalate		Max. g/kg Max. g/kg Max. g/kg The g Di-h-butyl phthalate und Dilso bthalate must not exceed 0.3 h	
Benzophenone		Max. 0. mg/kg	
Bisphenol A*		Max. 0.05 mg/kg	
Diisopropylnaphthalene	As low as technically feasible		

Verification of the specifications is only required if the finished products are intended for use with moist and fatty foodstuffs.

For dry, non-fatty foodstuffs having a large surface area (e.g. flour, semolina, rice, breakfast cereals, breadcrumbs, sugar and salt), migration of volatile and hydrophobic substances via the gas phase has to be considered particularly. This could be compensated by the use of an appropriate additional packaging.

*Will be published in the journal "Bundesgesundheitsblatt" in December 2019



Current risk assessment – Paper and board Chloropropanols





• For substances produced with epichlorhydrin such as sizing agents, retention agents, wet-strength agents



(detection limit 2 µg/l). The transfer of 3-monochloro-1,2-propanediol [MCPD] into the hot water extract of the finished products must be as low as technically achievable, a limit of 12 µg/l must not be exceeded in any case."

Cold water extract: EN 645 (24 hours, room temperature) Hot water extract: EN 647 (2 hours, 80°C)

Current risk assessment – Paper and board Chloropropanols

Extracts 3-MCPD	CWE [µg/l]	HWE [µg/l]	
LOD (with matrix)	0.4		
Cup cake wrapper 1	67.0	50.5	
Cup cake wrapper 2	11.4	11.5	
Baking paper 1	9.4	11.5	
Baking paper 2	<lod< th=""><th><lod< th=""></lod<></th></lod<>	<lod< th=""></lod<>	
Drinking straws 1	73.4	34.7	
Drinking straws 2	23.8	8.7	
Cake paper 1	18.5	6.4	
Cake paper 2	5.6	1.9	
Poultry cuffs	12.1	4.5	







Results in HWE lower than in CWE

Current risk assessment – Paper and board Chloropropanols

Kinetics for 3-MCPD

 \rightarrow Comparison hot and cold water extract for 24 hours



- Sample: drinking straw
- HWE: exponential decrease
- KWE: plateau
- Extraktion according to EN 645 and EN 647 for 3-MCDP at different points of the kinetic!
- Worst case?

 \rightarrow Amendment of preamble in Recommendation XXXVI/2 in 2019*:

"The limit values for 1,3-dichloro-2-propanol and 3-monochloro-1,2-propanediol need to be determined in the cold water extracts of paper products despite intended use."

Stefan Merkel, 07.11.2019, EFSA Network on Food Contact Materials - 7th meeting

*Will be published in the journal "Bundesgesundheitsblatt" in December 2019 page 11

Current risk assessment – Paper and board Aluminium

Aluminium is used for paper production and listed in BfR-Recommendations XXXVI as:

- Fillers,
- Precipitating, fixing and parchmentisation agents,
- Surface refining and coating agents
- Auxiliary agents
- Neutralising and precipitating agents
- Fibres based on aluminium oxide
- Surface refining agents for the food-contact surface

2008: EFSA Scientific Opinion on AluminiumBisphenol A

 \rightarrow Tolerable Weekly Intake (TWI) of 1 mg/kg bw per day



Current risk assessment – Paper and board Aluminium

2016: Amendment of Regulation (EU) No. 10/2011 for Plastic Food Contact Materials:

8,6 mg/kg food. The opinion however notes that the current dietary exposure of a significant part of the Union's population likely exceeds this level. Therefore, it is appropriate to limit the contribution from exposure by food contact materials to the overall exposure by applying an allocation factor of 10 % to the conventionally derived migration limit. Therefore, a migration limit for aluminium of 1 mg/kg food is considered appropriate for food contact materials.

[Calculation: TWI 1 mg/kg bw per week \rightarrow for a 60 kg person: 60 mg/person per week

 \rightarrow 8,6 mg/person per day \rightarrow 10% allocation and consumption of 1 kg food per day: ~1 mg/kg food]

Discussion in Expert Panel for Paper and Board in BfR started in 2015

Is a migration value of 1 mg/kg food technically possible for paper?

→ Measurement of paper sample from the market in 2017 via German Monitoring Program 52 samples for cold water extract, 112 samples for hot water extract



Current risk assessment – Paper and board Aluminium

→ Measurement of paper samples from the German market in 2017 via German Monitoring Programm 52 samples for cold water extract, 112 samples for hot water extract

Monitoring Results: 81% (cold water extract) and 83% (hot water extract) of the samples from the market showed lower results than 1 mg/L

2019: Amendment* of BfR Paper Recommendations:

"No more than 10 μ g/l lead, 5 μ g/l cadmium and <u>1000 μ g/l aluminium</u> must be detectable in the cold water extract of the finished product.³"

³Testing is not necessary for paper and paperboard intended for contact with dry and at the same time non-fatty foodstuffs (e.g. flour, semolina, rice, breakfast cereals, breadcrumbs, sugar and salt).

*Will be published in the journal "Bundesgesundheitsblatt" in December 2019





Thank you for your attention

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