

Europass Curriculum Vitae



Personal information

First name(s) / Surname(s) **Janusz Ciok**

Address(es) [Redacted]

Telephone(s) [Redacted]

E-mail [Redacted]

Nationality Polish

Date of birth [Redacted]

Gender male

Work experience

Dates 2024 -

Occupation or position held Expert on clinical matters

Main activities and responsibilities I contribute to epidemiological and clinical studies carried out by the Institute. I contribute to the development of the methodology of the studies, especially their clinical aspects.

Name and address of employer Polish National Institute of Public Health

Dates 2008 – 2022

Occupation or position held Scientific officer in EFSA

Main activities and responsibilities I was involved in administrative handling and scientific assessment of health claims applications (c. 140 in total); I assisted in the preparation of working documents, scientific reports, draft opinions (e.g. on DRV, evaluation of allergenic foods and food ingredients for labelling purposes) and other technical documents in relation to NDA Panel and its health claims working group;

Name and address of employer European Food Safety Authority

Dates 2003 – 2008
 Occupation or position held Head of the Department of Prevention of Dietary-related Diseases
 Main activities and responsibilities Organizing and carrying clinical studies on diet-related diseases (including diseases of gastro-intestinal tract, pancreas, diabetes, obesity, and hypertension).
 Name and address of employer National Food and Nutrition Institute, Warsaw.

Dates 1983 –2003
 Occupation or position held Assistant in the Clinic of Metabolic Diseases and Gastroenterology, Warsaw
 Main activities and responsibilities Participation in the medicinal care of hospitalised patients, participation in scientific activity of the Clinic
 Name and address of employer National Food and Nutrition Institute, Warsaw / Brodno Provincial Hospital.

Education and training

1993
 Degree in internal medicine – Medical University, Warsaw

1992
 Doctor of Medicine – thesis title: The role on nutrition in the pathogenesis of ethanolic chronic pancreatitis
 Warsaw – Medical Postgraduate Centre

1977 – 1983
 Medical studies at Medical University in Warsaw

1973 – 1977
 High school in Warsaw, the mathematical-physical profile

Personal skills and competences

Mother tongue(s) **Specify mother tongue**
 polish

Other language(s)

Self-assessment
 European level (*)

English

Italian

Russian

Understanding		Speaking		Writing			
Listening		Reading		Spoken interaction		Spoken production	
	C2		C2		C2		C1
	B2		B2		B2		B1
	B2		B2		B1		B1
							A2

(*) Common European Framework of Reference for Languages

Social skills and competences Team work – I have worked in various types of teams, including research teams (polish and international), team evaluating studies and preparing scientific opinions in EFSA and hospital clinic medical teams, either as a member of the group or as a leader.

Organisational skills and competences I organised the work of a small group of researchers as a head of the Department of Prevention of Dietary-related Diseases. I was responsible for the organisation of WHO Summer School on Nutrition in Poland in 1997.

Computer skills and competences I am competent with most Microsoft Office programmes.

Other skills and competences	<p>I am competent with the scientific assessment of individual studies, and meta-analyses of studies including statistical analysis; I am competent with performing systematic reviews.</p> <p>Karolinska University, Stockholm, training on assessment of nutrition (1998) Karolinska University, Stockholm, training on public health nutrition (1996)</p> <p>I am trained in endoscopic examination of the gastrointestinal tract (gastroscopy, colonoscopy)</p> <p>I had lectures and practices with medical and nutrition students in Warsaw and Lodz Medical Universities (in internal medicine and nutrition) and in The University of Parma (in nutrition).</p>
Additional information	<p>Author or co-author of c. 140 scientific publications of different types: clinical studies, reviews, systematic reviews, scientific opinions.</p> <p>Invited speaker at c. 40 national and international meetings/congresses.</p>